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# WORK LIFE BALANCE AND ITS RELATIONSHIP WITH JOB SATISFACTION OF EMPLOYEES WORKING IN NUMALIGARH REFINERY LIMITED.

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&  
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## INTRODUCTION:

Work life balance is an immense issue to be discussed in the present organizational set up. The idea of work life balance is firstly used in late 1970's in United Kingdom to describe the balance between an individual's work and personal life and later on in 1986 in United States of America. It primarily deals with an employee's ability to properly prioritize and accordingly utilize the available resources (time, efforts, money) between work and his or her lifestyle, social life, health, family, etc. is greatly linked

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