

IQAC / COLLEGE ACTIVITY & EVENT REPORT

2019-20

Title of the Program/ Event	A talk on “State of Economy and Slow Down: Fact or Myth”
Organizer	Dept. of Commerce, Golaghat Commerce College
Resource Person	Mr. Rajesh Jaiswal, HOD, Dept. of Commerce
Date	13.09.2019
Number of Participants	40



Title of the Program/ Event	Workshop on Understanding Mental Health of the Students : Coping with Stress and Building Resilience
Organizer	Women's Cell , Golaghat Commerce College
Resource Person	Mr. Anjan Choudhury, IIE, Guwahati
Date	24.09.2019
Number of Participants	150

Students are generally regarded as the future of nation. To boost up the mental health and strength among college going students the Women Cell, Golaghat Commerce College organized a one-day workshop at college auditorium dated 24th Sept, 2019. The theme of the workshop was **“Understanding Mental Health of the Students: Coping with stress and Building Resilience,”** For that workshop noted senior consultant, IIE, Guwahati, Mr. Anjan Chaudhary was invited as a resource person. Mr. Chaudhary stressed his speech on mental health and how to build resilience in the young minds among the students. At the end of the day secretary, Women Cell Mrs. Nandini Baruah offered her heartfelt gratitude to all students as well as teachers of the College for helping their presented in the workshop at a successful manner





Name of the Event	Plastic Waste Free Campaign
Date	2nd October, 2019
Organizer	Golaghat Commerce College in association with NSS Unit
No. of Participants	73





To become a part of Government of India's "Swacchata hi Seva" campaign, a "Plastic Waste Free" drive was organized on 2nd October, 2019. A rally was held from Golaghat Commerce College to Golaghat town which was joined by NSS volunteers, students and staff of the college. Plastic litter on the road were collected by the students. A street play was also performed to create awareness among the people on the hazards of single use of plastic.

Title of the Program/ Event	Awareness Programme and Rally on Ban of Single Use Plastic
Organizer	NSS Unit and Environer, Golaghat Commerce College
Venue	Harijan Colony and Public Bus Stand, Golaghat Town
Date	04.10.2019

The NSS Volunteers in association with Environer, Golaghat Commerce College organized an awareness programme and rally on Ban of Single Use Plastic on 4th October, 2019 at the Harijan Colony and Public Bus Stand, Golaghat Town. The NSS volunteers and members of Environer performed street plays and distributed brochures to the general public and passersby. This

initiative was undertaken to spread awareness on the negative and harmful effects of Single use plastics and urged the public to use alternatives of plastics or use recyclable plastics.





Corona Virus Awareness Programme and Distribution of free Soaps, Masks, Sanitizer and Awareness creating Pamphlets at Golaghat Sweeper Colony, Bata Point and Near by areas of Golaghat Commerce College.

Covid-19 awareness campaign was launched in the Harijan colony of Golaghat district on 20th March, 2020. Masks and sanitizers were distributed along with circulating information about COVID-19 guidelines and maintaining physical distancing.



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